Peer Health Education Program

The Peer Health Education (PHE) Program teaches student volunteers to educate their peers about important health issues, challenges students to examine their values, and introduces skills with which students can feel more empowered to stay healthy.

Application Process:

1. Complete the attached application;
2. Return the completed application to the Health Promotion Office at Student Health Services (located on the 3rd floor of the Calpulli Center).
3. It is important to note that a limited number of applicants will be accepted.
4. **Once each section is full, no more applications/interviews will be accepted.**
5. Attend a brief interview prior to the beginning of the Fall or Spring semester.

Requirements for Participation in PHE Training:

1. Make a one year commitment to the program. You will receive three units of 499 credit for the training and one unit each semester thereafter.
2. All majors are encouraged to apply.
3. Must be an upper division SDSU student (*working towards at least your 60th unit the semester you enroll*).
4. Must be open minded, understanding, and respect others at all times.

Why should I be a PHE?

~Earn 2 or 3 upper division credits (PH, Psych)
~Work with a great team of peers and Health Promotion staff
~Become a better public speaker
~Be a leader on campus
~Gain in depth knowledge about various health issues
~Incorporate this volunteer experience onto your resume or grad school applications
~Expand networking opportunities
~Meet new students, faculty, and staff
For Office Use Only
Interview Date & Time: _____________________  Scheduled by: _____________________

PEER HEALTH EDUCATION PROGRAM
APPLICATION FOR PARTICIPATION

Name: ____________________________________________ _____________________________________________

Phone #: __________________________________________ _______________________________________________

Email: __________________________________________

Red ID: ___________________________________________ ______________________________________________

Major:  ___________________________________________ ______________________________________________

Expected Graduation Date: ______/_____/_______

GPA:  __________

Please complete with a check mark:

___ I will make a one year (2 semester) consecutive commitment to the program

___ I am an Undergraduate Student                         _____ I am a Graduate Student

___ How many units will you have at the end of this current semester? (45? 60? etc.)

How did you hear about this program?
_________________________________________________________________________________________________________

Which class times would you be available for this upcoming semester?

Check all that apply.

___ Tuesdays: 930-1100am                      ___ Thursdays: 9-1150pm

Priority will be given to applicants who submit completed forms before Finals Week. After that week please call Health Promotion at 619.594.4133 to inquire about PHE openings.
Please mark the topics that you are most interested in learning more about as a PHE: 
Mark all that apply

___ Alcohol: Responsible Choices
___ Birth Control
___ Student Health
___ Healthy Eating
___ Drugs: Prescribed & Illicit
___ Wellness
___ Health Services
___ Bystanders: Strategies for Helping Others
___ STDs
___ Relationships

1) Why would you like to be part of this program?

2) In your opinion, what issue(s) do you see as having the largest impact on college health and why?

Please turn over for additional questions>>>
3) What three qualities do you possess that will make you a good educator of your peers?

4) What are you currently involved in, on or off campus?