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## Memo

**To:** SDSU Students  
**From:** Gregg Lichtenstein, MD, Director, Student Health Services  
**Date:** 11/16/16  
**Subject:** Free Mumps (MMR) Immunization

**To reduce the spread of mumps at SDSU, Student Health Services continues to offer a FREE vaccination to students.** MMR immunizations will be offered by appointment between 8:45am and noon and 1:30 to 4:30 pm on Mondays, Wednesdays, and Fridays To make an appointment for an MMR vaccination, sign in to our secure web portal, [healthconnect.sdsu.edu](http://healthconnect.sdsu.edu), click the Appointments tab, and follow the instructions to book an immunization visit or call 619-594-4325 and press “1.”

*Please bring your Red ID and if under age 18, written permission from a parent or legal guardian.*

Anyone diagnosed with mumps should stay at home for 5 days after developing swelling of the salivary glands. They should be evaluated by a medical provider, but should call ahead to inform their provider that they may have mumps so their office can take precautions to protect other patients and staff. Students diagnosed with mumps should notify their professors by email to make arrangements for their class assignments. Student Health Services does not provide class excuses for short-term illnesses.

For further information about mumps, go to our website [shs.sdsu.edu](http://shs.sdsu.edu). To keep up to date on the latest information, you may also like us on [Facebook](#) or follow us on [Twitter](#).